

## LEVANTHyme ALLERGY MATRIX

Name of dish	Peanuts	Nuts	Lupin	Molluscs	Sesame Seeds	Crustacean	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Gluten	Vegan	Vegetarian
Le Monsieur De Vegetable Soup														x	x	x
Mums Own Lentil Carrot Soup															x	x
Quinoa Chia Soup											x				x	x
Kibbeh Meat		x														
Kibbeh Chicken		x														
Kibbeh Fish		x					x									
Kibbeh Pumpkin		x													x	x
Fatayer Spinach		x												x	x	x
Baked Fatayer Chicken Sumac		x												x	x	x
Falafel Bites		x												x	x	x
Levanthyme Cheese Balls								x		x				x	x	x
Puff Pastry Cheese Rolls										x				x	x	x
Mini Zaatar Bites					x									x	x	x
Lemon Thyme Chicken Salad					x					x				x		
Oriental Smoked Haddock Salad							x					in sauce				
Grain Bowl Salad															x	x
Marinated Beef Salad	x				in sauce				x + in sauce							
Lentil Halloumi Salad		x								x						x
Rocca Thyme Falafel Salad					x					x						x
Shredded Beef Quinoa Salad																
Spicy Potato Garlic															x	x
Baked Sweet Potato															x	x
Hummus Wild Herbs					x										x	x
Quinoa Labneh with Veg Toppings					x					x						x
Halloumi Thyme Sticks					x					x						x
Shawarma Beef Wrap					in sauce									x		
Oriental Fish and Chips							x	in sauce						x		
Labanese Roast Beef								in sauce						x		
Tawook Wrap								x						x		
Baked Falafel Wrap					in sauce									x	x	x
Thyme Halloumi Wrap					x					x				x		x
Chicken Pesto Wrap								in sauce	x					x		
Wild and Herby Scrambled Eggs								x		x				x		x
Egg Roll Omelette								x		x				x		x
Egg White Omelette								x		x				x		x
Thyme Special Wrap					x									x	x	x
Thyme & Cheese Wrap					x					x				x	x	x
Akkawi Cheese Wrap										x				x	x	x
Thyme Quinoa Labneh Wrap										x				x	x	x
Shakshouka								x								x
Pizza Margarita										x				x	x	x
Orient Queen										x				x		
Verde Pizza										x				x		x
Rustic Pizza										x				x		
Blue Pizza										x				x		x
Levanthyme Pizza										x				x		
The Pain Free Pizza														x	x	x
Lemon Thyme Sauce												x			x	x
Balsamic Sauce																x
Asian Sauce									x						x	x
Lemon Herb Sauce															x	x
Tahina Sauce															x	x
Ginger Honey Sauce												x				x
Tomato Basil Sauce															x	x
Spicy Thyme Basil Sauce															x	x
Pesto Mayo Sauce								x								x
Mini Dip - Tahina					x										x	x
Mini Hummus Wild Herbs					x										x	x
Mini Dip - Garlic Paste								x							x	x
Tiramisu Halawi		x								x				x		x
Cheesecake Rose Loukoum					x					x				x		x
Candyfloss Chocolate Mousse								x		x				x		x
French Toast and Salted Caramel								x		x				x		x
Knafeh Puff Pastry Bites with Chocolate Sauce										x				x		x
Yo-Got Here Just in Thyme										x						x
Sensational Strawberries										x						x
My, how you've blossomed!										x						x
My, that's juicy!		x								x						x
The Simple-Dimple															x	x
Pina Peach Juice															x	x
Matcha Lyche Juice															x	x
There's Blood Everywhere!															x	x

\* brazil nuts, hazelnuts, almonds and walnuts  
 \*\* cereals containing gluten (including wheat, rye, barley and oats)